

eats.

Week 2

Week Two commencing:
23rd April, 14th May, 11th June
2nd July, 23rd July, 17th September
8th October 2018

Monday

Pork & Apple Burger in a Bun with Wedges
or
Crunchy Quorn Burger in a Bun with Wedges

Seasonal Vegetables
Fresh Salad Bar

Iced Carrot Cake
or
Fresh Fruit Salad

Reduced SUGAR

Tuesday

Pasta Bolognaise with Italian Tomato Bread
or
Vegetable Frittata with Italian Tomato Bread

Seasonal Vegetables
Fresh Salad Bar

Banoffee Waffle & Vanilla Ice Cream
or
Fresh Fruit Salad

NEW

Wednesday

Hawaiian Pizza with Salad or Coleslaw
or
Margherita Pizza with Salad or Coleslaw

Seasonal Vegetables
Fresh Salad Bar

Watermelon Wedge & Fruit Yogurt
or
Fresh Fruit Salad

NEW

Reduced SUGAR

Thursday

Roast Chicken, Stuffing, Roast Potatoes & Gravy
or
Cauliflower & Broccoli Bake with Roast Potatoes

Seasonal Vegetables
Fresh Salad Bar

Apple Crumble with Custard
or
Fresh Fruit Salad

Reduced SUGAR

Friday

Crispy Fish Fillet with Chips
or
Vegetarian Frankfurter Hot Dog with Chips

Seasonal Vegetables
Baked Beans
Fresh Salad Bar

Jammie Doughnut Muffin
or
Fresh Fruit Salad

NEW

Reduced SUGAR

Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, apple & strawberry or real orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details
For information on allergens & intolerances visit www.eats-catering.co.uk